

JGU PFOTENPAUSE

Getting stress-free through the semester with animal support

Book your appointment now for
your personal **study break with
a visiting dog!**

Pilot phase: **WiSe 2026/27**

ALL INFORMATION ABOUT THE PROJECT

JGU Pfotenpause is a pilot project that will begin in the winter semester 2026/27.

The idea behind this project is to give you the opportunity to take a free **study break with a visiting dog** during lecture period.

Dog visits will take place at the **Infobox** on the JGU campus. If you'd like, you can also take your dog to the **meadow** between Nat-Med and the Alte Mensa, or walk your dog on the campus paths (outside the Botanical Garden).

Appointment Scheduling

Starting October 1st, 2026, appointments can be scheduled easily and on an individual basis using the booking link on our website or this QR code:



HOW AN APPOINTMENT WORKS

The session is exclusively for you, your dog, and the dog trainer. You can decide on the spot whatever you feel like doing:



Playtime: Clear your mind and play with your dog.



Cuddle Break: Enjoy the peace and quiet and recharge while cuddling.



Mental Stimulation: Train with your dog and teach him new tricks.



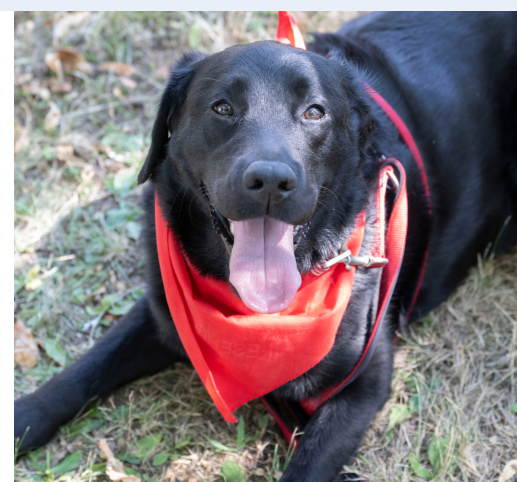
Of course, we always take into account how the dog is feeling on any given day.

OUR VISITING DOGS

CIAN: Loves to move and is eager to learn; enjoys action, sniffing games, and obstacle courses



JUNI: Has a calm disposition; enjoys being petted, leisurely walks, and treats



When you make a reservation, you can choose your furry friend. Just make sure to check which dog's name is listed for each visit.

YOUR OPINION MATTERS!

Before and immediately after your appointment, you'll fill out a very short questionnaire.



This will help us continue to offer this project in the future!

Healthy Campus Mainz
is a collaboration between